10 TIPS TO ROCK St. Valentine's at Home

Create a Romantic Pasis... at Home



Create a dreamy setting in your living room, backyard, or bedroom. Set up blankets, pillows and in an area, surrounded by candles (wax or LED) or string-lights (i.e., Christmas lights), scattering rose petals. Then serve your favorite wine and charcuterie and of course dessert.

Do a Blind Taste Test

Take turns with your partner, one person gets blindfolded and the second gets ten different fun foods from the kitchen. Feed your partner each of the different foods and see if they can guess what they are based on taste and texture. The person who gets the most things right gets to pick what you're having for dinner!





It's Scavenger Hunt Time

Either make or purchase small presents your partner will love and create a scavenger hunt. Leave clues around the house directing your partner where to find the next gift. Make it fun and silly and most of all tailor-made to what your partner loves.

Old School Look Back

Go back to when you first met your significant other and write down each of your previous Saint Valentine's Day outings. Then recreate something small from each of those days for an unforgettable new Valentine's Day. It can be as simple as recreating a drink you might have had when you went out to eat, or a movie you saw. Either way, the thoughtfulness you show will be unforgettable.





Dinner DIY!

Find items in your kitchen and challenge your partner to make them into a fun appetizer. Think on the fly and see what your creative mind can come up with. You know what your partner likes, here's your chance to show off your culinary skills and how well you know your significant other!







Think Pink

Are Pink drinks a thing?!? The answer is DUH! Treat yourself to a night with a variety of pink drinks to keep the mood fun. Every food looks better with a dash of pink! Dress in a pink outfit with pops and red and of course, you have to share your photos on Insta! The drinks can be sweet or savory depending on your mood. Have fun creating unique food and drinks with your friends and partner.

Love Through & 41 Five Senses

The phrase we eat with our eyes has never been more accurate, so this Saint Valentine's Day, make sure to satisfy all your senses by giving gifts. Spray a little perfume on your Saint Valentine's Day card, Put your present in a fun box with a big bow, get your significant other a favorite food they might not get often and more. The more creative you are, the more people appreciate the thought and effort you put into making them feel special!



Be Your Own Saint Valentine's Day Messenger

Make your own Valentine's Day Advent Calendar and in the days leading up to Saint Valentine's Day, leave notes to your partner letting them know all the good qualities they have and how they inspire you. On the big day, collect all the notes and put them into a scrapbook as their Saint Valentine's Day present.

<u>learn</u> Something New

This Saint Valentine's Day, do something new. Each partner must teach the other something he or she does, and it could be something as simple as cooking pasta or something outside the box like showing your partner why you love a particular hobby. It's a great way to learn what your partner enjoys and get a deeper understanding of what they love to do and why!



Create your own Saint Valentine's Day Time Capsule

Grab your phone and sit down with your partner. With the both of you together, record how you met and some of your favorite Saint Valentine's Day memories over the years. You'll be surprised how much fun you'll have recollecting (and possibly forgetting) some of the small details. This is a great file to keep and rewatch in five or ten years.

Facts About Saint Valentine

- Saint Valentine, officially known as Saint Valentine of Rome, is a third-century Roman saint widely celebrated on February 14 and commonly associated with "courtly love."
- The Roman Catholic Church still recognizes Valentine as a saint, listing him in the February 14 spot of Roman Martyrolgy.
- St. Valentine is the Patron Saint of affianced couples, engaged couples, happy marriages, love, lovers, and plague. He is represented in pictures with birds and roses and his feast day is celebrated on February 14.



